




Resources for young people who identify as girls and young women

Salal sexual violence and support centre: 24-hour crisis and information line. Provides support services to survivors of sexualized violence who are of marginalized genders: women, trans, nonbinary, Two-Spirit, and gender-diverse people.

 <https://www.salalsvsc.ca/>


Youthspace.ca is for youth under 30 across Canada. Youth Space is a free online crisis and emotional support chat service.

 778-783-0177

 <https://youthspace.ca>

 Live chat

Tech Safety Canada offers a “Legal Remedies for Technology-Facilitated Gender-Based Violence” Toolkit.

 <https://techsafety.ca/resources/toolkits/legal-remedies>

