



Resources for disabled individuals


Addressing Sexual Violence and Promoting the Sexual Rights of Women Labelled with Intellectual Disabilities by the GBV Learning Network and DAWN Canada

- An informative guide exploring sexual violence faced by women labelled with intellectual disabilities through an intersectional, strengths-based approach. It centers the importance of removing structural barriers to supports, justice, and sexual freedom.
-  gbvlearningnetwork.ca/our-work/issuebased_newsletters/issue-41/Learning-Network-Issue-41.pdf

Disabled Women's Network of Canada

- A national, feminist, cross-disability organization whose mission is to end the poverty, isolation, discrimination and violence experienced by Canadian women with disabilities and Deaf women. DAWN-RAFH is an organization that works towards the advancement and inclusion of women and girls with disabilities and Deaf women in Canada.
-  dawncanada.net



TASCC

- Provide practical tools and strategies for parents, service providers and youth with disabilities related to sexuality education. Information includes: self care, personal boundaries, relationships and dating, sexual orientation/gender identity/and expression, and social media.
-  tascc.ca



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Ontario

Assaulted Women's Helpline (TTY line)


- Free, anonymous and confidential 24-hr telephone and TTY crisis line, and online chat for women in Ontario. Provides crisis counselling, safety planning, emotional support, information. Works with community partners to bridge gaps in services.
-  awhl.org/home
-  GTA 416-863-0511; Toll free 1-866-863-0511; Toll free TTY 1-866-863-7868; or text #SAFE(#7233) on Bell, Rogers, Fido, or Telus mobile phones.

SASCO (The Sexual Assault Support Center of Ottawa) & TTY line

- We support all women survivors. Services include: support line (including TTY), individual support, advocacy, support groups, awareness and education.
-  sascottawa.com
-  613-234-2266 for support line or TTY: 613-725-1657

Vancouver



Vancouver Coastal Regional Distress Line (TTY line)

- A non-profit organization that provides emotional support to youth, adults and seniors in distress over telephone 604-872-3311 or toll free 1-866-661-3311.
-  604-872-3311; toll free 1-866-661-3311; and TTY 604-872-0113 or Toll free TTY 1-866-872-0133.

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Saskatchewan

Saskatchewan Healthline (TTY line)

- A free confidential, 24-hour health and mental health and addictions advice, education and support telephone line available to the people of Saskatchewan. It is staffed by experienced and specially trained Registered Nurses, Registered Psychiatric Nurses, and Registered Social Workers. Services are offered in English, with translation available in over 100 languages.
-  saskatchewan.ca/residents/health/accessing-health-care-services/healthline
-  Dial 811 or 1-877-800-0002 for Healthline 811. Call 1-800-855-0511 for individuals deaf and hard of hearing.