

## Resources for young people in PEI

### **The Prince Edward Island Rape and Sexual Assault Centre**

- ➔ Offers counselling support and innovative healing programs from our many locations across the island including Charlottetown, Summerside, Alberton for all gender who have experienced recent or historic sexual assault and childhood sexual abuse. Can call/text for support or use their online chat. Website also lists community partners, and resources specific to adults and youth in the province.
- 🔗 [peirsac.org](https://peirsac.org)
- ☎ 902-368-8055 (Call or text) or toll free 1(888)368-8055. Online chat on the website.

### **Actions Femmes I.P.É**

- ➔ Non profit that represents Acadian and Francophone women in PEI. Their website includes a list of resources in French for supporting survivors, workplace harassment, mental health, and youth.
- 🔗 [afipe.ca/ressources](https://afipe.ca/ressources)

### **RISE Support for Victims of Sexual or Intimate Partner Violence and Workplace Sexual Harassment**

- ➔ Provides free legal resources and support to people who have experienced sexual or intimate partner violence and workplace sexual harassment. Also provides referrals to community services. Includes general guidance resources such as reporting sexual assault in PEI.
- 🔗 [risepei.com](https://risepei.com)
- ☎ 902-218-6143

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### Cyber Safe Care

- Informative resource about being safe online, and includes policies in PEI schools on digital use, especially for educators.
- [cybersafecarepei.ca/pei-schools-and-policies](https://cybersafecarepei.ca/pei-schools-and-policies)

### LGBTQ2IA+ Islanders Mental Health Initiative (Our Landing Place)

- Offers fully funded mental health services to PEI's LGBTQ2IA+ community members.
- [ourlandingplace.com/pei](https://ourlandingplace.com/pei)