Resources for young people in Quebec

**Government of Québec:** Organismes d’aide aux personnes victimes d’agression sexuelle. List of centres across the province:


**Info-Aide Violence Sexuelle / Sexual Violence Helpline:** Support and referral service for anyone affected by sexual violence.

📞 888 933–9007

📞 514 933–9007 (24/7 Line)

**La Maison Missinak:** Services and shelter available for Indigenous women and their children.

📞 418–627–7346

🌐 [https://missinak.ca/](https://missinak.ca/)

**RQCALACS (Québec Coalition of Sexual Assault Help Centres)**

List of centres across the province: [https://rqcalacs.qc.ca/en/](https://rqcalacs.qc.ca/en/)

**Support Service for designated centres providing medico-social services for sexual assault victims:** Offers a range of emergency medical and psychosocial services to victims who were assaulted within the past six months. List of designated centres in Quebec.

🌐 [https://en.serviceconseilqc.ca/qu-est-ce-que-c-est](https://en.serviceconseilqc.ca/qu-est-ce-que-c-est)
Resources for young people in Quebec

**Viol-Secours CALACS de Québec:** Provides help to women and adolescents who have been victims of sexual assault.

[Phone] 418-522-2120 (24/7 Line)

**Montréal**

**Assistance aux Femmes:** Services available for women with children experiencing domestic violence.

[Phone] 514-270-8291 (24/7 Line)
[Website] [https://assistanceauxfemmes.ca/en/home/](https://assistanceauxfemmes.ca/en/home/)

**CALACS Trève pour Elles:** Free services in French available for individuals who have experienced sexual harassment or assault.

[Phone] 514-251-0323
[Website] [https://trevepourelles.org/](https://trevepourelles.org/)

**Centre pour les Victimes d’Agression Sexuelle de Montreal:** Partners with designated crisis centres in Montreal for individuals who have experienced sexual assault.

[Phone] 514-934-4504 (24/7 Line)
[Website] [https://www.cvasm.org/en/services-medicaux](https://www.cvasm.org/en/services-medicaux)

**Mouvement Contre le Viol et l’Inceste**

[Website] [https://www.mcvicontreleviol.org/nos-aliiance](https://www.mcvicontreleviol.org/nos-aliiance)