


Resources for young people in Nova Scotia


Avalon: Provides support and services to all individuals affected by sexualized violence. Services are available in the Halifax region and across Nova Scotia.

 <https://avaloncentre.ca/>


Sexual Assault Nurse Examiner (SANE) Program: Available across Nova Scotia, visit the Website for the local 24-hour response line and locations.

 [https://www.nshealth.ca/service-details/Sexual%20Assault%20Nurse%20Examiner%20\(SANE\)%20Program](https://www.nshealth.ca/service-details/Sexual%20Assault%20Nurse%20Examiner%20(SANE)%20Program)


Good2Talk (Nova Scotia): Services available to post-secondary students in Nova Scotia on a variety of topics, including sexual abuse.

 833-292-3698 (professional counsellor)

 686868 (Text - volunteer crisis responder)

 <https://good2talk.ca/novascotia/>

Bryony House Distress Line: Provides free 24/7 support over phone and text messages for everyone needing emotional support with abuse, domestic violence, and sexual abuse.

 902-422-7650


 <https://www.bryonyhouse.ca/>




Resources for young people in Nova Scotia

Halifax

Sexual Assault Nurse Examiner (SANE) Program: are registered nurses who have completed specialized education and clinical preparation in medical forensic care for patients who have experienced sexual assault or abuse.

 902-425-0122

 [https://www.nshealth.ca/service-
details/Sexual%20Assault%20Nurse%20Examiner%20\(SANE\)%20Program](https://www.nshealth.ca/service-details/Sexual%20Assault%20Nurse%20Examiner%20(SANE)%20Program)

