

Resources for young people in Nova Scotia

Avalon: Provides support and services to all individuals affected by sexualized violence. Services are available in the Halifax region and across Nova Scotia.



https://avaloncentre.ca/

Sexual Assault Nurse Examiner (SANE) Program: Available across Nova Scotia, visit the Website for the local 24-hour response line and locations.

https://www.nshealth.ca/servicedetails/Sexual%20Assault%20Nurse%20Examiner%20(SANE)%20Program

Good2Talk (Nova Scotia): Services available to post-secondary students in Nova Scotia on a variety of topics, including sexual abuse.

- 833-292-3698 (professional counsellor)
- 686868 (Text volunteer crisis responder)
- https://good2talk.ca/novascotia/

Bryony House Distress Line: Provides free 24/7 support over phone and text messages for everyone needing emotional support with abuse, domestic violence, and sexual abuse.

- 902-422-7650
- https://www.bryonyhouse.ca/











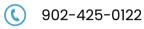




Resources for young people in Nova Scotia

Halifax

Sexual Assault Nurse Examiner (SANE) Program: are registered nurses who have completed specialized education and clinical preparation in medical forensic care for patients who have experienced sexual assault or abuse.



https://www.nshealth.ca/servicedetails/Sexual%20Assault%20Nurse%20Examiner%20(SANE)%20Program









